



PRIVATE TOUR • 10 DAYS

Wonders of the Fann Mountains Trek with Peak Energy

Round trip from Dushanbe • Tajikistan

Duration
10 days, 9 nights

Start and end
Round trip from Dushanbe

Best time to visit
Jun-Sep

Private tour from
€1,093 per person

Group size
Max 14 travellers

Tour type
Nature, Trekking

Difficulty
Challenging

Prices and dates valid for 2027 departures. Issued 24 October 2026.

Tour highlights

A 10-day camping trek through the heart of the Fann Mountains of Tajikistan, crowned by the ascent of Peak Energy (5,120 m). After a short look at Dushanbe, you drive into the mountains to Sangi Safed and start walking up the Imat gorge below the Ganza peaks, then cross the Bodkhona Pass (3,420 m) to the turquoise Alauddin lakes.

From Mutnoe Lake (3,500 m), the base camp for the highest peaks of the range, you climb with the guide and porters over the glacier to a camp at 4,500 m, cross the Chimtarga Pass (4,750 m) and make the summit push on Peak Energy, whose last 300 m are on glacier. The trek then crosses the Alauddin Pass (3,860 m) to the colourful Kulikalon lakes below Maria Peak and continues over the Chukurak Pass to the village of Yakkakhona. On the way back to Dushanbe you visit the mausoleum of the poet Rudaki and Iskanderkul. Donkeys carry the luggage, and a cook prepares the meals in camp.

Difficulty: Challenging. A high-altitude trek with daily walks of 4–10 hours and climbs of up to 1,130 m, over the Bodkhona (3,420 m), Chimtarga (4,750 m) and Alauddin (3,860 m) passes, with a night at 4,500 m and the ascent of Peak Energy (5,120 m), whose last 300 m are on glacier at 20–40° slopes. Previous trekking experience and good fitness are needed; 7 nights in tents.



6 days Trekking tour to Fann Mountains and Seven Lakes



Pass between Kulikalon and Alaudin lakes in Tajik Fann mountains

Where you'll stay

Night 1	Sangi Safed	Tent camp in the Fann Mountains
Night 2	Bodkhona River	Tent camp in the Fann Mountains
Night 3	Alauddin lakes	Tent camp at Alauddin Lake
Night 4	Mutnye Lakes	Tent camp in the Fann Mountains
Night 5	Chimtarga Pass Camp (4,500 m)	Tent camp in the Fann Mountains
Night 6	Alauddin lakes	Tent camp at Alauddin Lake
Night 7	Kulikalon lakes	Tent camp at Kulikalon Lake
Night 8	Yakkakhona	Guesthouse in Yakkakhona or similar
Night 9	Dushanbe	Grey Hotel or similar

Listed accommodation or similar, same category.

Day-by-day itinerary

DAY

1

Arrival in Dushanbe – Sangi Safed (2,520 m), 150 km

You arrive in Dushanbe during the night (at about 1:30) and transfer to the hotel to rest. After a late breakfast at about 10:00, discover the Tajik capital: Ismoil Somoni Square, with the imposing statue of the 9th-century Samanid ruler, and the botanical garden.

After lunch at about 14:00, drive about 4 hours into the Fann Mountains to Sangi Safed (2,520 m), the starting point of the trek. First night in tents.

Overnight	Sangi Safed · Tent camp in the Fann Mountains
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Meals	Breakfast, Lunch, Dinner
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Travel	Dushanbe – Sangi Safed (150 km)
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DAY

2

Sangi Safed – Imat gorge (2,600 m) – Bodkhona river (2,550 m)

After breakfast, hike into the Imat gorge, following the Surkhob river towards the glacier, with fine views of the Big and Small Ganza peaks. Picnic lunch, then walk back down and on to the Bodkhona river. Dinner and night in tents.

Walking: 5–6 hours. Ascent 650 m, descent 700 m.

Overnight	Bodkhona River · Tent camp in the Fann Mountains
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Meals	Breakfast, Lunch, Dinner
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Travel	Sangi Safed – Bodkhona River (trek)
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DAY

3

Bodkhona Pass (3,420 m) – Alauddin Lake (2,735 m)

The trail climbs to the Bodkhona Pass (3,420 m) and descends to the shores of the magnificent turquoise Alauddin Lake, below the sharp peaks of Bodkhona and Chapdara. Dinner and night in tents by the lake.

Walking: 6–7 hours. Ascent 1,130 m, descent 915 m.

Overnight	Alauddin lakes · Tent camp at Alauddin Lake
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Meals	Breakfast, Lunch, Dinner
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Travel	Bodkhona River – Alauddin lakes (trek)
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DAY

4

Alauddin Lake – Mutnoe Lake (3,500 m)

A day among the high mountains around the Alauddin lakes. Climb to Mutnoe Lake (3,500 m, about 4 hours), whose shores are the base camp for many peaks over 4,000 m, including Chimtarga (5,489 m), the highest peak of the Fann Mountains. Glaciers flow down between steep rock walls. Night in tents at the lake.

Walking: 4–5 hours. Ascent 750 m.

Overnight	Mutnye Lakes · Tent camp in the Fann Mountains
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Meals	Breakfast, Lunch, Dinner
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Travel	Alauddin lakes – Mutnye Lakes (trek)
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DAY

5

Mutnoe Lake – camp below the Chimtarga Pass (4,500 m)

Set off with the guide and the porters. The path leads onto a fairly flat glacier and snow, then climbs to the “4,500 m camp” below the Chimtarga Pass – the only place to camp here, as there is running water nearby. Night in tents.

Distance: about 5 km. Walking: 5–7 hours. Ascent 990 m.

Overnight	Chimtarga Pass Camp (4,500 m) · Tent camp in the Fann Mountains
Meals	Breakfast, Lunch, Dinner
Travel	Mutnye Lakes – Chimtarga Pass Camp (4,500 m) (trek, 5 km)

DAY

6

Chimtarga Pass (4,750 m) – Peak Energy (5,120 m) – Mutnoe Lake – Alauddin Lake

Climb on a path to the Chimtarga Pass (4,750 m). From there begins the ascent of Peak Energy, the high point of the trek for non-mountaineers. The last 300 m to the summit are on a glacier with slopes of 20–40°, and the conditions depend on the season and the weather.

Descend to the pass, then past Mutnoe Lake back to the Alauddin lakes, where the whole group meets again. Night in tents.

Distance: about 7 km. Walking: 8–10 hours. Ascent 600 m, descent 1,460 m.

Overnight	Alauddin lakes · Tent camp at Alauddin Lake
Meals	Breakfast, Lunch, Dinner
Travel	Chimtarga Pass Camp (4,500 m) – Alauddin lakes (trek, 7 km)

DAY

7

Alauddin Pass (3,860 m) – Kulikalon lakes (2,900 m)

Cross the Alauddin Pass and descend to the colourful Kulikalon lakes, scattered over a wide plateau below the impressive north face of Maria Peak – mountains on the scale of the Alps. Night in tents.

Walking: about 7 hours. Ascent 1,065 m, descent 900 m.

Overnight	Kulikalon lakes · Tent camp at Kulikalon Lake
Meals	Breakfast, Lunch, Dinner
Travel	Alauddin lakes – Kulikalon lakes (trek)

DAY

8

Kulikalon – Chukurak Pass (3,140 m) – Chukurak Lake – Yakkakhona (1,780 m)

After breakfast, cross the Chukurak Pass and descend to Chukurak Lake (2,450 m) for a picnic and a rest on the shore. Then walk down to the village of Yakkakhona and take a stroll through the village. Dinner and night in a guesthouse.

Walking: 5–6 hours. Descent about 1,300 m.

Overnight	Yakkakhona · Guesthouse in Yakkakhona or similar
Meals	Breakfast, Lunch, Dinner
Travel	Kulikalon lakes – Yakkakhona (trek)

DAY

9

Yakkakhona – Rudaki mausoleum – Iskanderkul – Dushanbe

In the morning, drive towards Dushanbe. On the way, visit the mausoleum of Rudaki, the founder of classical Persian and Tajik literature, a mosque in the village of Dar-Dar and Iskanderkul Lake, with lunch on the way.

In Dushanbe, check in to the hotel and enjoy some free time in the city. Dinner and night at the Grey Hotel.

Overnight	Dushanbe · Grey Hotel or similar
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Meals	Breakfast, Lunch, Dinner
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Travel	Yakkakhona – Dushanbe
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DAY

10

Departure from Dushanbe

Transfer to the airport for your flight home.

Overnight	Departure day, no overnight
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Meals	Breakfast
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What's included

Included

- All transport as per program
- Accommodation: a hotel in Dushanbe (1 night), a guesthouse in Yakkakhona (1 night) and tents on the trek (7 nights)
- Guide-interpreter
- Mountain guide
- Full board (breakfast, lunch and dinner)
- Cook
- Donkeys to carry the luggage
- Entrance tickets

Not included

- International flights
- Visa fees
- Travel insurance
- Alcoholic and soft drinks
- Mineral water
- Fees for photography and filming at historical sites
- Tips for the guide, driver, cook and donkey drivers
- Single room supplement: 80 USD
- Single tent supplement: 10 USD per day
- Environmental fee: 5 USD per day

Prices

Valid for 2027 departures

Private tour, per person by group size

Travellers	Price per person
2-3 travellers	€2,185
4-5 travellers	€1,725
6-7 travellers	€1,380
8-9 travellers	€1,265
10-11 travellers	€1,150
12-13 travellers	€1,139
14 travellers	€1,093

Private tours start on any date you choose. Prices per person in a double or twin room. 15% deposit, balance 30 days before tour starting date.

Book or ask a question

Choose a date or ask us anything about this tour. We usually reply within one working day.

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