



GROUP AND PRIVATE TOUR • 7 DAYS

Pamir Highway and Wakhan Corridor Tour from Osh to Dushanbe

Osh – Dushanbe • Kyrgyzstan, Tajikistan

Duration
7 days, 6 nights

Start and end
Osh – Dushanbe

Best time to visit
Apr–Oct

Group tour from
\$550 per person

Private tour from
\$550 per person

Group size
Max 4 travellers

Tour type
Culture, Hiking, Jeep (4x4), Multi-
country, Nature

Difficulty
Moderate

Departures
30 guaranteed dates

Prices and dates valid for 2027 departures. Issued 28 October 2026.

Tour highlights

A 7-day 4x4 journey along the Pamir Highway from Osh in Kyrgyzstan to Dushanbe in Tajikistan. The first night is in a yurt camp at Tulpar-Kol Lake in the Alai Valley, with a morning hike to the Traveller's Pass below Lenin Peak. Then you cross into Tajikistan to Karakul Lake, drive over the Ak-Baital Pass (4,655 m) via Murghab to Alichur, and visit the Bulunkul and Yashilkul lakes.

From the Khargush Pass you hike up Panorama Ridge (about 4,800 m) and drive down into the Wakhan Valley to Langar, with the Hindu Kush across the river. The Yamchun Fortress, the Bibi Fatima hot springs and the Khakha Fortress lead to Khorog, and the last two days follow the Panj River via Kalai-Khumb back to Dushanbe.

The price covers the 4x4 car with an English-speaking driver, either private or as a seat on a group departure shared by up to 4 travellers. You pay your homestays, yurt camps and meals locally (roughly 28–30 USD a day), plus entrance fees and the GBAO permit. You can pay online by card and book your date straight away.

Difficulty: Moderate. Long driving days (145–350 km, up to 7 hours) on partly rough roads and at high altitude: nights at about 3,500 m (Tulpar-Kol), 3,900 m (Karakul) and 3,850 m (Alichur), passes up to 4,655 m. Two optional hikes of 3–6 hours reach 4,130 m (Traveller's Pass) and about 4,800 m (Panorama Ridge). Simple homestays with shared rooms and basic toilets.



Pamir Highway Tour



Grand Pamir Tour

Where you'll stay

Night 1	Tulpar-Kol Lake	Yurt camp at Tulpar-Kol Lake
Night 2	Lake Karakul	Homestay in Karakul or similar
Night 3	Alichur	Guesthouse in Alichur or similar
Night 4	Langar	Homestay in Langar or similar
Night 5	Khorog	Guesthouse in Khorog or similar
Night 6	Kalai Khum	Guesthouse in Kalai-Khumb or similar

Listed accommodation or similar, same category.

Day-by-day itinerary

DAY

1

Osh – Taldyk Pass – Sary-Tash – Tulpar-Kol Lake (about 250 km, 5 hrs driving)

Your driver picks you up in Osh and stops at a supermarket so you can buy snacks, water and toiletries for the trip. Over the Taldyk Pass (about 3,600 m) the green pastures of the Alai Valley open up, with yaks grazing by the road. Lunch in Sary-Tash, then drive to Tulpar-Kol Lake (about 3,500 m) below Lenin Peak, and take a walk around the lake to get used to the altitude.

Dinner and overnight in a yurt camp at Tulpar-Kol Lake (paid locally).

Overnight **Tulpar-Kol Lake** · Yurt camp at Tulpar-Kol Lake

Travel Osh – Tulpar-Kol Lake (250 km)

DAY

2

Traveller's Pass hike – Kyzyl-Art Pass – Karakul Lake (hike about 18 km, 6 hrs; drive about 150 km, 4 hrs)

Hike from the yurt camp along the Achik-Tash River to the Traveller's Pass (4,130 m) for close views of the glaciers of Lenin Peak (7,134 m), and walk back down to the camp (about 18 km and 6 hours in total). After lunch, cross the border at the Kyzyl-Art Pass into Tajikistan and drive down to Karakul, the largest lake of the Pamirs, which has no outflow.

Overnight in a homestay in Karakul.

Altitude: about 3,900 m.

Overnight **Lake Karakul** · Homestay in Karakul or similar

Travel Tulpar-Kol Lake – Tulpar-Kol Lake (hike, 18 km)
Tulpar-Kol Lake – Lake Karakul (150 km)

DAY

3

Karakul – Ak-Baital Pass – Murghab – Bash-Gumbez – Alichur (about 250 km, 6–7 hrs)

Cross the Ak-Baital Pass (4,655 m), the highest point of the Pamir Highway, with a short side trip for a view over Karakul Lake and an hour's walk near the pass. Lunch in Murghab, the main town of the Eastern Pamirs, where you can buy snacks, exchange money or get a local SIM card. On the way to Alichur you can try a short yak ride (optional, about 5–6 USD) and visit a Kyrgyz herding family – in their yurts from June to early September, otherwise in their village house.

Overnight in a guesthouse in Alichur.

Altitude: about 3,850 m.

Overnight **Alichur** · Guesthouse in Alichur or similar

Travel Lake Karakul – Alichur (250 km)

DAY

4

Alichur – Bulunkul – Khargush Pass – Panorama Ridge hike – Langar (about 145 km, 5–6 hrs; hike 3–4 hrs)

Side trip to the Bulunkul and Yashilkul lakes, then drive up to the Khargush Pass (4,344 m) and hike to Panorama Ridge (about 4,800 m, 3–4 hours) with wide views of the Great Pamir on the Afghan border. Show your GBAO permit at the checkpoint and follow the Pamir River into the Wakhan Valley, with the Hindu Kush ahead.

Overnight in a homestay in Langar.

Overnight **Langar** · Homestay in Langar or similar

Travel Alichur – Langar (145 km)

DAY

5

Langar – Yamchun Fortress – Ishkashim – Khorog (about 225 km, 5–6 hrs driving)

Visit the Yamchun Fortress on its rock platform high above the Wakhan Valley and the Bibi Fatima hot springs just above it, then stop at the Khakha Fortress near Namadgut on the way to Ishkashim. In Khorog, visit the regional museum and the central park, and in the evening the Botanical Garden.

Overnight in a hotel or guesthouse in Khorog.

Altitude: about 2,200 m.

Overnight	Khorog · Guesthouse in Khorog or similar
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Travel	Langar – Khorog (225 km)
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DAY

6

Khorog – Kalai-Khumb (about 240 km, 7 hrs driving)

Follow the Panj River downstream past the Vanj valley to Kalai-Khumb in the Darvaz district. The road is rough in places, and roadworks can cause delays.

Overnight in a guesthouse in Kalai-Khumb.

Altitude: about 1,200 m.

Overnight	Kalai Khum · Guesthouse in Kalai-Khumb or similar
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Travel	Khorog – Kalai Khum (240 km)
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DAY

7

Kalai-Khumb – Kulob – Hulbuk – Dushanbe (about 350 km, 6 hrs driving)

The last day follows the Panj River past many villages and over the Shurobod Pass to Kulob, with lunch in a local teahouse. Visit the medieval Hulbuk Fortress and see the Nurek reservoir before your driver drops you at your hotel in Dushanbe.

Overnight	Departure day, no overnight
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Travel	Kalai Khum – Dushanbe (350 km)
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What's included

Included

- 4x4 vehicle with an English-speaking driver for the whole route (private, or on group departures shared by up to 4 travellers)
- Fuel
- Side trips described in the itinerary
- The driver's own meals and lodging
- Border fees for the vehicle

Not included

- Your accommodation and meals in homestays, guesthouses and yurt camps – roughly 28–30 USD per person per day, paid locally
- Entrance fees – about 40 USD per person for the whole trip
- GBAO permit – about 35 USD per person (we can arrange it)
- Visa, if you need one
- International flights and hotels in Osh and Dushanbe
- Travel insurance
- Optional yak ride (about 5–6 USD) and personal expenses

Prices and dates

Valid for 2027 departures

Group tour, per person

Tour	Double / twin room	Single supplement
7 days	\$550	–

Same price on all departures. 15% deposit, balance 30 days before tour starting date.

Private tour, per person by group size

Travellers	Price per person
1 traveller	\$2,200
2 travellers	\$1,100
3 travellers	\$737
4 travellers	\$550

Private tours start on any date you choose. Prices per person in a double or twin room.

Guaranteed group departures

2027

Start	End	Weekdays	Status
14 May 2027	20 May 2027	Fri – Thu	Available
20 May 2027	26 May 2027	Thu – Wed	Available
26 May 2027	1 Jun 2027	Wed – Tue	Available
15 Jun 2027	21 Jun 2027	Tue – Mon	Available
16 Jun 2027	22 Jun 2027	Wed – Tue	Available
22 Jun 2027	28 Jun 2027	Tue – Mon	Available
23 Jun 2027	29 Jun 2027	Wed – Tue	Available
28 Jun 2027	4 Jul 2027	Mon – Sun	Available

29 Jun 2027	5 Jul 2027	Tue – Mon	Available
7 Jul 2027	13 Jul 2027	Wed – Tue	Available
8 Jul 2027	14 Jul 2027	Thu – Wed	Available
9 Jul 2027	15 Jul 2027	Fri – Thu	Available
14 Jul 2027	20 Jul 2027	Wed – Tue	Available
15 Jul 2027	21 Jul 2027	Thu – Wed	Available
21 Jul 2027	27 Jul 2027	Wed – Tue	Available
28 Jul 2027	3 Aug 2027	Wed – Tue	Available
10 Aug 2027	16 Aug 2027	Tue – Mon	Available
11 Aug 2027	17 Aug 2027	Wed – Tue	Available
17 Aug 2027	23 Aug 2027	Tue – Mon	Available
18 Aug 2027	24 Aug 2027	Wed – Tue	Available
20 Aug 2027	26 Aug 2027	Fri – Thu	Available
23 Aug 2027	29 Aug 2027	Mon – Sun	Available
24 Aug 2027	30 Aug 2027	Tue – Mon	Available
27 Aug 2027	2 Sep 2027	Fri – Thu	Available
2 Sep 2027	8 Sep 2027	Thu – Wed	Available
3 Sep 2027	9 Sep 2027	Fri – Thu	Available
8 Sep 2027	14 Sep 2027	Wed – Tue	Available
9 Sep 2027	15 Sep 2027	Thu – Wed	Available
10 Sep 2027	16 Sep 2027	Fri – Thu	Available
15 Sep 2027	21 Sep 2027	Wed – Tue	Available

Availability as of 28 October 2026. Check current availability on the tour page.

Book or ask a question

Choose a date or ask us anything about this tour. We usually reply within one working day.

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