



PRIVATE TOUR · 7 DAYS

Uzbekistan Culinary Tour

Round trip from Tashkent · Uzbekistan

Duration
7 days, 6 nights

Start and end
Round trip from Tashkent

Best time to visit
All year

Private tour from
\$1,129 per person

Group size
Max 11 travellers

Tour type
Culture, Silk Road

Difficulty
Easy

Trains
2 train journeys included

Prices and dates valid for 2026 departures. Issued 13 October 2026.

Tour highlights

Taste your way through Uzbekistan in 7 days, from the giant plov cauldrons of Tashkent to the kebabs and wines of Samarkand and Bukhara. In Tashkent you watch master chefs cook plov in huge cauldrons at the Besh Qozon plov centre and visit the Hazrati Imam complex. In Samarkand you taste Samarkand-style plov, make manti dumplings with a local chef in a family house, see how silk paper is made by hand in Konigil village and end the day with a wine tasting at the Bagizagan family winery.

On the road to Bukhara you try the potter's wheel in a ceramics workshop in Gijduvan, famous for its turquoise pottery, and taste tandoor kabob slow-roasted in a clay oven. Guided city tours lead from the Registan and the Shah-i-Zinda necropolis to the Lyabi-Hauz ensemble and the Poi Kalyan complex, and every day brings another chapter of Uzbek food: Tashkent shashlik, Uyghur lagman, nokhat-shurak, kazan-kabob, damlama and finally Bukhara's light Sofi plov with samsa from the tandoor, before the train takes you back to Tashkent.

Difficulty: Easy. Guided city walks on mostly flat ground in Tashkent, Samarkand and Bukhara, one road day of about 270 km from Samarkand to Bukhara with a stop in Gijduvan, and two train rides (Tashkent – Samarkand, and Bukhara – Tashkent in the evening).



Uzbek table with uzbek dishes, tea and watermelon



plov-pilaf

Where you'll stay

Nights 1–2	Tashkent	Human Hotel or Panarams Hotel or similar
Nights 3–4	Samarkand	Arba Hotel or Continental Hotel or similar
Night 5	Bukhara	Rangrez Hotel or Paradise Plaza Hotel or similar
Night 6	Tashkent	Human Hotel or Panarams Hotel or similar

Listed accommodation or similar, same category.

Day-by-day itinerary

DAY

1

Arrival in Tashkent – welcome dinner

Arrive in Tashkent, the capital of Uzbekistan, where ancient heritage meets a modern rhythm. Our representative meets you at the airport and takes you to the hotel to check in and rest before your first evening in the East.

As the sun sets, you gather for a welcome dinner at one of Tashkent's best traditional restaurants. The highlight is the famous Tashkent shashlik – juicy skewers of marinated meat grilled over charcoal, served with warm, crusty bread and sharp pickled onions. The lively atmosphere, the fragrant smoke and the cheerful hospitality set the tone for the culinary journey ahead.

Overnight at the hotel in Tashkent.

Overnight	Tashkent · Human Hotel or Panarams Hotel or similar
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Meals	Dinner
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Travel	Tashkent International Airport – Tashkent (9 km)
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DAY

2

Tashkent – plov, lagman and local flavors

After breakfast, start exploring Tashkent's old town. Visit Khast-Imam (Hazrati Imam) Square, home to the world-famous 7th-century Quran of Caliph Osman, admire the elegant Barak-Khan Madrasah and the Kukeldash Madrasah and stroll through their peaceful courtyards.

For lunch, head to the famous Central Asian Plov Centre, Besh Qozon, where master chefs cook up to ten tons of plov every day in giant cauldrons. Watch how rice, meat and spices are layered to perfection, then enjoy your serving of this beloved Uzbek dish – rich, fragrant and unforgettable.

In the afternoon, visit Independence Square and Amir Temur Square, the heart of the capital. Dinner introduces another classic: Uyghur lagman, hand-pulled noodles tossed with tender meat and vegetables in a savory sauce.

Overnight at the hotel in Tashkent.

Overnight	Tashkent · Human Hotel or Panarams Hotel or similar
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Meals	Breakfast, Lunch, Dinner
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DAY

3

Tashkent – Samarkand by train

After breakfast, board the train to Samarkand, the legendary “Pearl of the East”. Few cities in the world can rival its history: once the capital of Sogdiana and later the imperial heart of Tamerlane, it still dazzles travelers with its blue domes, ancient madrasahs and timeless Silk Road spirit.

On arrival, check in to the hotel and have lunch at the famous Panjab plov centre, where you taste Samarkand-style plov – golden rice layered with tender meat, sweet carrots and aromatic spices, slow-cooked to perfection.

In the afternoon, explore the Registan, the crowning jewel of Central Asia, framed by the splendid Ulugbek, Sher-Dor and Tilya-Kori madrasahs.

In the evening, join a warm, hands-on master class in a traditional family house and learn to make manti – delicate steamed dumplings filled with spiced meat – side by side with a local chef, then enjoy your creations for dinner.

Overnight at the hotel in Samarkand.

Overnight	Samarkand · Arba Hotel or Continental Hotel or similar
Meals	Breakfast, Lunch, Dinner
Travel	Tashkent – Samarkand (train, 344 km)

DAY

4

Samarkand – flavors, crafts and wine of the Silk Road

After breakfast, continue discovering Samarkand, where every corner tells a story. Visit the majestic Bibi-Khanym Mosque, the bustling Siyob Bazaar and the Shah-i-Zinda necropolis, a breathtaking avenue of turquoise-tiled mausoleums. Then see the Ulugbek Observatory and the Afrasiyab Museum, where the roots of Samarkand's civilization reach back more than 2,500 years.

Lunch brings a local specialty, nokhat-shurak – a comforting stew of chickpeas and lamb, full of earthy flavors and slow-cooked until tender.

In the afternoon, drive to Konigil village, where artisans keep alive the ancient crafts of Samarkand, from handmade silk paper to fine ceramics. Continue to the Bagizagan Winery, a family estate that has produced wines and brandies for five generations: learn about local grape growing, tour the cellar and enjoy a guided wine tasting in the tasting hall.

Dinner features kazan-kabob, meat seared in a deep cast-iron pan until crisp outside and juicy within – a fitting finale to a day full of color, taste and tradition.

Overnight at the hotel in Samarkand.

Overnight	Samarkand · Arba Hotel or Continental Hotel or similar
Meals	Breakfast, Lunch, Dinner
Travel	Samarkand – Konigil Paper Mill (Meros) (7 km) Konigil Paper Mill (Meros) – Bagizagan Winery (22 km) Bagizagan Winery – Samarkand (27 km)

DAY

5

Samarkand – Gijduvan – Bukhara: ceramics and kebabs

After breakfast, set out for Bukhara. On the way, stop in Gijduvan, a town famous for its distinctive ceramics: for centuries its masters have passed their skills down from generation to generation, creating pottery known for its deep turquoise hues and intricate geometric patterns.

Visit the workshop of one of Uzbekistan's most celebrated pottery dynasties and, guided by a master, try your hand at shaping clay on the potter's wheel – a meditative and rewarding experience. Afterwards, sit down for a hearty lunch in the family's courtyard with Gijduvan-style kebabs and tandoor kabob, meat slow-roasted in a clay oven until smoky and tender.

In the afternoon, continue to Bukhara, one of the most ancient and sacred cities of the Islamic world. With its winding streets, turquoise domes and more than 2,500 years of history, Bukhara feels like a living open-air museum. Start exploring at the Lyabi-Hauz ensemble, the heart of the old city, surrounded by madrasahs, old trading domes and a tranquil pool.

Dinner is at a local family home, where you taste damlama – a fragrant stew of lamb and vegetables, slow-cooked and served straight from the kazan: the essence of Uzbek home cooking.

Overnight at the hotel in Bukhara.

Overnight	Bukhara · Rangrez Hotel or Paradise Plaza Hotel or similar
Meals	Breakfast, Lunch, Dinner
Travel	Samarkand – Gijduvan (225 km) Gijduvan – Bukhara (45 km)

DAY

6

Bukhara – the soul of the Silk Road, evening train to Tashkent

After breakfast, continue discovering Bukhara, a city where every brick and minaret seems to tell the stories of the travelers, scholars and poets who once walked its streets. Begin at the elegant Samanid Mausoleum, a masterpiece of early Islamic architecture, then visit Chashma-Ayub ("Job's Well") with its unusual domed design and ancient legend. The Bolo-Hauz Mosque, reflected in its pond, enchants with twenty carved wooden columns.

Next, explore the mighty Ark fortress, the stronghold of the emirs and their courts, before heading to the spiritual heart of the city, the Poi Kalyan complex, crowned by its graceful 12th-century minaret. Also visit the Abdulaziz Khan and Ulugbek madrasahs, adorned with exquisite tilework and geometric harmony.

The farewell lunch takes place in a restaurant in the old town, where the table is filled with the aromas of saffron, sweet carrots and freshly baked samsa. Here you taste Sofi plov (Osh-i-sofi), Bukhara's signature plov known for its lightness and subtle sweetness, along with alat samsa, delicate pastries baked in a clay tandoor.

In the evening, transfer to the railway station for the train back to Tashkent, with a packed dinner on the train. On arrival in Tashkent, transfer to the hotel for the night.

Overnight	Tashkent · Human Hotel or Panarams Hotel or similar
Meals	Breakfast, Lunch, Dinner
Travel	Bukhara – Tashkent (train, 600 km)

DAY

7

Departure from Tashkent

Enjoy breakfast at the hotel before your transfer to Tashkent International Airport for your flight home, taking with you the colors, scents and memories of your journey – the taste of plov, the laughter of new friends and the quiet charm of an ancient land that welcomes every guest as family.

Overnight	Departure day, no overnight
Meals	Breakfast
Travel	Tashkent – Tashkent International Airport (9 km)

What's included

Included

- Accommodation in 3* or 4* hotels (as listed, or similar of the same category) in double/twin rooms with daily breakfast – 6 nights: 3 in Tashkent, 2 in Samarkand, 1 in Bukhara
- Early check-in on day 1 in Tashkent (standard check-in 14:00, check-out 12:00)
- Full board as per the program, from dinner on day 1 to breakfast on day 7, including all culinary master classes
- Wine tasting at the Bagizagan Winery
- Ceramics master class with a local craftsman in Gijduvan
- Traditional tea tasting in Bukhara
- Entrance fees to all monuments and museums in the itinerary
- English-speaking local guides for the sightseeing in each city
- Air-conditioned transport throughout the tour, including all airport, hotel and railway station transfers
- Train tickets Tashkent – Samarkand and Bukhara – Tashkent (high-speed train tickets are subject to availability and cannot be guaranteed in advance)

Not included

- International flights
- Single room supplement (130 USD per person with 3* hotels, 250 USD with 4* hotels)
- Alcoholic and soft drinks not included in the set menus (available for purchase on site)
- Medical expenses and travel insurance
- Porter services at airports and railway stations
- Tips and personal gratuities

Prices

Valid for 2026 departures

Private tour, per person by group size

Travellers	3-star	4-star
1 traveller	\$2,349	\$2,825
2–3 travellers	\$1,554	\$1,814
4–5 travellers	\$1,240	\$1,501
6–7 travellers	\$1,174	\$1,435
8–9 travellers	\$1,142	\$1,403
10–11 travellers	\$1,129	\$1,389

Private tours start on any date you choose. Prices per person in a double or twin room. Single room supplement per person: 3-star: \$130; 4-star: \$250.

Book or ask a question

Choose a date or ask us anything about this tour. We usually reply within one working day.

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