



PRIVATE TOUR · 7 DAYS

Pamir Highway and Wakhan Corridor Tour from Dushanbe to Osh

Dushanbe – Osh · Kyrgyzstan, Tajikistan

Duration
7 days, 6 nights

Start and end
Dushanbe – Osh

Best time to visit
Jul–Aug

Private tour from
\$976 per person

Group size
Max 8 travellers

Tour type
Culture, Hiking, Jeep (4x4), Multi-
country, Nature

Difficulty
Moderate

Prices and dates valid for 2026 departures. Issued 12 October 2026.

Tour highlights

This 7-day private 4x4 tour crosses the Pamir Mountains from Dushanbe in Tajikistan to Osh in Kyrgyzstan – more than 1,600 km along the Pamir Highway with a detour through the famous Wakhan Valley. On the way out of Dushanbe you pass the Nurek Dam and the Hulbuk Fortress, then follow the gorges of the Panj River along the Afghan border, with Afghan villages just across the water, via Kalai-Khumb to Khorog, the small capital of the Pamirs.

In the Wakhan Valley, facing the peaks of the Afghan Hindu Kush, you visit the ancient Kah-Kaha and Yamchun fortresses (3rd–1st century BC), pre-Islamic shrines and the petroglyphs of Langar, and soak in the Garm-Chashma and Bibi Fatima hot springs. Over the Khargush Pass (4,344 m) the road climbs to the high Pamir plateau with the Bulunkul and Yashilkul lakes, Alichur and Murghab, where a day trip leads into the quiet Madiyan Valley.

From Murghab you visit the Rangkul and Shorkul lakes – with a good chance to see bar-headed geese in their natural habitat – and cross the Ak-Baital Pass (4,656 m), the highest point of the Pamir Highway, to the vast Karakul Lake. On the last day you cross into Kyrgyzstan over the Kyzyl-Art Pass to Sary-Tash in the Alai Valley, with views of Lenin Peak (7,134 m) on a clear day, and drive down to Osh. Expect historical sites, hot springs, amazing scenery and warm Pamiri hospitality in guesthouses and homestays.

Difficulty: Moderate. Normal physical condition is enough – some walking on easy and moderate terrain. Long driving days (210–355 km, up to 10–12 hours) on partly poor roads and at high altitude: two nights in Murghab (3,630 m), one in Karakul (3,930 m) and passes up to 4,656 m (Ak-Baital).



Pamiri women taking care of children by the Panj river in Wakhan Valley



Classic Pamir tour with Wakhan

Where you'll stay

Night 1	Kalai Khum	Guesthouse in Kalai-Khumb or similar
Night 2	Khorog	Pamir Alibaba Hotel or similar
Night 3	Langar	Homestay in Langar or similar
Nights 4–5	Murghab	Guesthouse in Murghab or similar
Night 6	Lake Karakul	Homestay in Karakul or similar
Night 7	Osh	Sunrise Hotel or similar

Listed accommodation or similar, same category.

Day-by-day itinerary

DAY

1

Dushanbe – Kalai-Khumb (355 km, 5–8 hrs driving incl. stops)

Your driver meets you at your hotel or guesthouse in Dushanbe, and you head for the Pamirs via Kulob. On the way, enjoy the view of the Nurek Dam and its lake, and visit the Hulbuk Fortress and its museum in Vose.

Overnight in a guesthouse in the small town of Kalai-Khumb.

Altitude: start of the day 780 m (Dushanbe), highest point 2,126 m (Shurobod Pass), end of the day 1,295 m (Kalai-Khumb).

Overnight	Kalai Khum · Guesthouse in Kalai-Khumb or similar
Meals	Breakfast, Lunch, Dinner
Travel	Dushanbe – Kalai Khum (355 km)

DAY

2

Kalai-Khumb – Khorog (280 km, 8–10 hrs driving)

Leave Kalai-Khumb (Darvaz) and follow the Panj (Oxus) River to Khorog. Along the way you see Afghan villages on the other bank – in some places they are very close. Short stop in Porshinev at the monument to Nasir Khusraw, one of the great poets of the Persian language and an important Muslim philosopher.

In Khorog, a city tour with the Botanical Garden, the Historical Museum, the City Park and the Tourism Information Center.

Overnight in a hotel in Khorog.

Altitude: start of the day 1,295 m (Kalai-Khumb), end of the day 2,100 m (Khorog).

Overnight	Khorog · Pamir Alibaba Hotel or similar
Meals	Breakfast, Lunch, Dinner
Travel	Kalai Khum – Khorog (280 km)

DAY

3

Khorog – Wakhan Valley – Langar (246 km, 10–12 hrs driving)

After breakfast, drive towards Ishkashim, with a short stop to soak in the Garm-Chashma hot spring and a view from a distance of the Kuli La'i ruby mines. Then enter the Wakhan Valley (Wakhan Corridor) and visit the ruins of the Kah-Kaha and Yamchun fortresses, the Bibi Fatima hot spring, pre-Islamic shrines and the museum of Sufi Muboraki Wakhoni, a 19th-century astronomer and scholar. If there is enough time, walk up to the Langar petroglyphs.

Overnight in a guesthouse in Langar or Zong village.

Altitude: start of the day 2,100 m (Khorog), highest point 3,200 m (Yamchun), end of the day 3,000 m (Langar).

Overnight	Langar · Homestay in Langar or similar
Meals	Breakfast, Lunch, Dinner
Travel	Khorog – Langar (246 km)

DAY

4

Langar – Khargush Pass – Bulunkul – Alichur – Murghab (275 km, 10–12 hrs driving)

Drive along the Pamir River and over the Khargush Pass (4,344 m) to Bulunkul, the coldest place in Tajikistan, and on to Yashilkul (Green Lake) to enjoy the beauty of the lake. Continue to Alichur past the Sasykul and Tuzkul lakes and their beautiful landscapes, and in the afternoon drive on to Murghab.

Overnight in a guesthouse in Murghab.

Altitude: start of the day 2,900 m (Langar), highest point 4,344 m (Khargush Pass), end of the day 3,630 m (Murghab).

Overnight	Murghab · Guesthouse in Murghab or similar
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Meals	Breakfast, Lunch, Dinner
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Travel	Langar – Murghab (275 km)
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DAY

5

Murghab – Madiyan Valley – Murghab (80 km)

A day trip into the Madiyan Valley shows the Eastern Pamir landscape from a different perspective. Picnic lunch in the shade of rare trees on the riverbank. On the way back to Murghab in the evening, you walk some parts of the way through the amazing landscape.

Overnight in a guesthouse in Murghab – camping in tents near the Murghab River is also possible.

Altitude: start of the day 3,630 m (Murghab), 3,500 m in Madiyan village.

Overnight	Murghab · Guesthouse in Murghab or similar
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Meals	Breakfast, Lunch, Dinner
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Travel	Murghab – Madiyan Valley (40 km) Madiyan Valley – Murghab (40 km)
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DAY

6

Murghab – Rangkul – Ak-Baital Pass – Karakul (210 km, 8–9 hrs driving)

Leave Murghab for the Rangkul and Shorkul lakes, with a good chance to see the rare bar-headed goose (*Anser indicus*). Then head for Karakul ('Black Lake'), the biggest lake in Tajikistan, over the Ak-Baital Pass (4,656 m), the highest point of the Pamir Highway, with a short stop near the first Tsarist Russian military post in the Pamirs. In the afternoon, a walk along the shore of Lake Karakul.

Overnight in a homestay or yurt in Karakul village.

Altitude: start of the day 3,630 m (Murghab), highest point 4,656 m (Ak-Baital Pass), end of the day 3,930 m (Karakul).

Overnight	Lake Karakul · Homestay in Karakul or similar
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Meals	Breakfast, Lunch, Dinner
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Travel	Murghab – Lake Karakul (210 km)
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DAY

7

Karakul – Sary-Tash – Osh (294 km, 8–10 hrs driving)

Leave Karakul for Sary-Tash in Kyrgyzstan, with a short stop at the Karaart geoglyphs (8th–3rd century BC). The Tajik–Kyrgyz border crossing at the Kyzyl-Art Pass takes about 1.5 hours. After lunch, explore the village of Sary-Tash – on a clear day you can see Lenin Peak (7,134 m), also called Ibn Sina Peak. In the afternoon, drive on to Osh through villages and over two passes, with a very different landscape.

Overnight in a hotel in Osh.

Altitude: start of the day 3,930 m (Karakul), highest point 4,282 m (Kyzyl-Art Pass), end of the day 950 m (Osh).

Overnight	Osh · Sunrise Hotel or similar
Meals	Breakfast, Lunch
Travel	Lake Karakul – Osh (294 km)

What's included

Included

- Transport in a 4x4 vehicle, including fuel
- Meals, including 1.5 l of drinking water per person per day
- Accommodation, including 1 night in Dushanbe and 1 night in Osh
- Entrance fees (hot springs, museums, Botanical Garden and National Park)
- GBAO permit
- Office charge, including tax

Not included

- Insurance
- Guide service
- Single room supplement
- All other personal expenses

Prices

Valid for 2026 departures

Private tour, per person by group size

Travellers	Price per person
2 travellers	\$1,372
4 travellers	\$976
6 travellers	\$1,089
8 travellers	\$976

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