



GROUP TOUR · 14 DAYS

Asian Patagonia Trekking Tour

Round trip from Bishkek · Kyrgyzstan

Duration
14 days, 13 nights

Start and end
Round trip from Bishkek

Best time to visit
Jul–Aug

Group tour from
\$2,200 per person

Tour type
Trekking

Difficulty
Challenging

Flights
2 flights included

Departures
4 guaranteed dates

Prices and dates valid for 2027 departures. Issued 5 October 2026.

Tour highlights

Join an unforgettable 14-day trekking adventure through Kyrgyzstan's wild landscapes, famously known as "**Asian Patagonia**." This challenging journey takes you across high-altitude trails, through dramatic valleys, and up to some of the region's most stunning peaks. Designed for avid trekkers, the route includes the exhilarating ascent of Ak-Tubek Pass (4,390 m) and the towering, rugged face of Ak-Suu Peak.

This tour is a good choice for trekkers with high hiking experience at altitudes above 3,000 m, and with advanced physical condition and health.

Itinerary: Bishkek – Osh – Batken – Uzgurush village – Buljuma Pass – Dzhalgychy Pass – Orto-Chashma Gorge – Kara-Suu Gorge – Kosh-Moinok Pass – Ak-Tyubek Pass – Ak-Suu Gorge – Uryam Pass – Uzgurush village – Batken – Osh – Bishkek.

Difficulty: Challenging. This tour is recommended for people with good trekking experience (trekking time approximately 6–8 hours per day).



Asian Patagonia Trekking Tour map

Where you'll stay

Night 1	Bishkek	Hotel in Bishkek or similar
Night 2	Uzgurush	Local Kyrgyz family home or similar
Night 12	Uzgurush	Homestay or similar
Night 13	Bishkek	Hotel in Bishkek or similar

Listed accommodation or similar, same category.

Day-by-day itinerary

DAY

1

Airport – Bishkek

Upon arrival to the international airport “Manas” meet local guide and driver and transfer to Bishkek city. On arrival accommodation at the hotel (early check-in is included). After some rest we go to visit famous Osh bazaar. This is the brightest example of trading and boiling life. This a good chance to buy handmade souvenirs, dried fruits etc.

After visit the market we head back to the city center to start walking tour around the main Ala Too square to see the legacy of the Soviet Union. There are several objects on our way: Manas Monument, the main national hero of Kyrgyz people; the State Flag and the ceremony of changing the Guards of Honor; the monument of the Revolution of 2010 and the White House, Lenin statue and the old Ala Too Square with number of interesting buildings of the past; Oak park and museum under the clear sky; unique fine art gallery and Kurmanjan Datka monument, finishing walk back at the main Ala Too square and transfer to the Victory Square dedicated to the WWII to finish the city tour by short excursion there. Lunch and dinner at a local café. Overnight.

Hotel altitude 800 m.

Overnight **Bishkek** · Hotel in Bishkek or similar

Meals Breakfast, Lunch, Dinner

DAY

2

Bishkek city – Osh city – Uzgurush village, 490 km

Transfer to Manas International Airport and take a domestic flight to Osh. Upon arrival in the southern capital, you will meet your guide and drive to the village of Uzgurush, located in the youngest region of Kyrgyzstan — Batken Province. This area is famous for its picturesque villages and fruit orchards with peaches, apricots, apples, and cherries. Along the way, you will also see small rice fields.

We will stop in the town of Batken for lunch at a local teahouse before continuing our journey to the village. Upon arrival, accommodation will be arranged in the home of a local Kyrgyz family. Preparation for the upcoming trek. Dinner and overnight stay.

Please Note: Please pack all your belongings (extra charge applies for more than 12 kg per person) into the special backpack provided by us and hand it over to the horseman in the morning. Horses will carry the luggage from one tent camp to another, and you will collect your belongings upon arrival at the camp after the trekking day.

Overnight altitude 1450 m. Ascent +650 m; path 490 km; time 8–9 h.

Overnight **Uzgurush** · Local Kyrgyz family home or similar

Meals Breakfast, Lunch, Dinner

Travel Bishkek – Osh (flight)
Osh – Uzgurush (490 km)

DAY

3

Uzgurush village – Ak-Tash gorge

After breakfast, we hand over our luggage to the horseman and begin our trekking day with a walk through the village heading south. Leaving the village behind, we enter wild juniper forests and walnut groves. The trail follows the Buljuma River and ascends to Buljuma Pass (2900 m). From the top, there are breathtaking views of the surrounding gorges and Upanym Pass to the west.

We then descend into the valley and take a lunch break by the Ak-Tash River — a beautiful spot with stunning scenery. After lunch, we continue our trek and arrive at the tent camp, located on a green meadow in a picturesque gorge reminiscent of scenes from The Lord of the Rings. Dinner and overnight in tents.

Tent camp altitude 2934 m. Ascent +1650 m, descent -200 m; walking 11 km; time 6-7 h.

Meals

Breakfast, Lunch, Dinner

DAY

4

Ak-Tash gorge – Dzhalgychy gorge

After breakfast, we begin our trekking day by crossing the Ak-Tash River near the tent camp and following the trail along the river to the foot of Jalgychy Pass (3780 m). We then start ascending the zigzagging path that gradually leads us to the top.

From the pass, we enjoy breathtaking views of the Turkestan Range, the western face of Pyramid Peak (5509 m), and Turo Pass (4525 m).

We descend along the trail into the Jalgychy Gorge until its junction with an unnamed gorge to the southwest. Turning left, we cross the unnamed river (sandals recommended), then climb a small hill to reach the tent camp. Dinner and overnight stay in tents.

Tent camp altitude 3100 m. Ascent +1650 m, descent -826 m; walking 6.10 km; time 6-7 hours.

Meals

Breakfast, Lunch, Dinner

DAY

5

Dzhalgychy gorge – Orto Chashma gorge

Mountain sauna in the tent camp in the morning, we start ascending a grassy slope between the Jalgychy and Kashka-Suu gorges. The trail winds through juniper bushes and leads us up to the pass. From the top, we continue along the ridge to the other side, where a magnificent panoramic view of the Orto-Chashma Gorge opens up — a perfect spot for lunch.

Afterwards, we descend along a narrow trail into the Kashka-Suu Gorge. Here, we cross the river and continue walking until we reach the junction with Orto-Chashma Gorge. Upon arrival, dinner and overnight in the tent camp, where a mountain sauna awaits — the perfect way to relax and enjoy the evening in nature.

Tent camp altitude 2787 m. Ascent +600 m, descent -970 m; path 7.3 km; time 6-8 h.

Meals

Breakfast, Lunch, Dinner

DAY

6

Orto Chashma gorge – Kara-Suu gorge

In the morning, we start trekking along the Orto-Chashma River towards the foot of the pass. The ascent follows a well-trodden trail through the forest, leading us to Kosh-Moynok Pass (3260 m). After a gentle descent, we cross a river (sandals recommended).

Next comes the climb to the second pass — Kara-Suu (3760 m). From the top, there is a breathtaking panorama of the “ocean” of sharp rocky peaks of the Turkestan Range. Directly ahead rise the “Great Fortresses” — the northwestern walls of Kotina Peak (4521 m) and the Millennium of Christianity Peak (4507 m).

We descend to the Kara-Suu River, cross it via a bridge, and continue for a few hundred meters along the river to reach the tent camp. Dinner and overnight stay.

Two passes in one day: Kosh-Moynok (3260 m) and Kara-Suu (3760 m). Tent camp altitude 2750 m. Ascent +920 m, descent -954 m; path 12.5 km; time 6-8 hours.

Meals	Breakfast, Lunch, Dinner
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DAY

7

Radial hike to the foot of Asan Usen and Piramidalny peaks

Today we will take a radial hike through the Kara-Suu Gorge to the foot of the majestic peaks: Pyramid Peak (5509 m), Kyrchilta (4507 m), and Asan-Usen (4378 m). Along the way, we will also see the legendary “Yellow Wall” — a famous rock face renowned for its extremely challenging climbing routes.

In the morning, we set out on an easy trek along the Kara-Suu River. The trail then leads us onto a moraine, which we follow up to the base of the peaks. This area is known worldwide: climbers regard an ascent of any of these summits as a remarkable achievement, as they are all famed for their exceptional difficulty.

Later, we return to the tent camp by the same route. Dinner and overnight in the camp.

Tent camp altitude 2750 m. Ascent +781 m, descent -781 m; path 10 km; time 6-7 hours.

Meals	Breakfast, Lunch, Dinner
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DAY

8

Kara-Suu gorge – Orto Chashma gorge

In the morning we leave the tent camp and going back to Orto Chashma gorge the same way. As we ascended to Kosh-Moynok pass we can see the highest pass of the trek Ak-Tubek (4300 m). After descent from the pass we continue trekking to the tent camp and one kilometer before the camp we can find out a small stream flowing into Orto Chashma river, down the stream we can find a local sight, which is a broken military helicopter, one of the evidence of historical events happened in the region more than 20 years ago. Dinner and overnight at the tent camp.

Tent camp altitude 2787 m. Ascent +954 m, descent -920 m; path 12.5 km; time 6-8 hours.

Meals	Breakfast, Lunch, Dinner
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DAY

9

Orto Chashma gorge – Ak-Tubek tent camp

Today is the shortest day of the trek, yet the trail steadily gains altitude throughout. Along the way, we enjoy magnificent views of the “Asian Patagonia” ridge.

As we approach the Ak-Tyubek camp, we may encounter a shepherd who lives here with his family throughout the summer and sometimes into autumn, until the first snow arrives. Their stone house serves as a home in this remote mountain environment. This is a unique opportunity to witness the lifestyle of Kyrgyz shepherds and experience how they live in the highlands, far from civilization.

Dinner and overnight stay in the tent camp.

Overnight at the highest camp of the entire trek, altitude 3600 m. Ascent +1012 m; path 7 km; time 3-4 hours.

Meals	Breakfast, Lunch, Dinner
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DAY

10

Ak-Tubek tent camp – Ak-Suu gorge

After breakfast, we begin the ascent to Ak-Tyubek Pass (4390 m), the highest point of the trek. The trail is well-defined and leads us to the top, where a breathtaking panorama opens up: Iskander Peak (5120 m), Petrogradets Peak (5165 m), Admiral Peak (5090 m), Ak-Suu Peak (5355 m), Alexander Blok Peak (5229 m), and Ak-Tyubek Peak (5125 m).

From the pass, we descend along the trail to the moraine of the Ak-Tyubek Glacier, cross it, and continue on the opposite side of the gorge. The trek then follows a stream down to its confluence with the Ak-Suu River. From here, we turn right and follow the Ak-Suu valley until we reach the tent camp.

Dinner and overnight stay in the tent camp.

Tent camp altitude 2700 m. Ascent +540 m, descent -1630 m; path 11.3 km; time 6-7 h.

Meals	Breakfast, Lunch, Dinner
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DAY

11

Radial hike to the foot of Ak-Suu peak

In the morning we start trekking towards Ak-Suu peak (5355 m), the top of that peak is clearly observable from the tent camp.

The trail goes through juniper forest up a steep moraine of the glacier, to the heart of Pamir-Alai. This pyramid-like peak has a snowcap and vertical wall (almost two kilometers) on the Northern slope. Such peaks as two-headed Iskander and Admiralteez, Petrogradez and Alexander Block surround the grandiose circus. Later, we walk back to the tent camp the same way. Dinner and overnight.

Tent camp altitude 2700 m. Ascent +600 m, descent -600 m; path 10 km; time 6 – 7 h.

Meals	Breakfast, Lunch, Dinner
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DAY
12

Ak-Suu tent camp – Uzgurush village

Our tour begins amidst gentle, rolling hills, where roads meander through green meadows and blooming fields. From each summit, stunning views unfold: distant mountain ranges, quiet streams, and forests immersed in greenery.

As we progress, the landscape gradually changes: hills give way to rocky mountains, and forested slopes transition into majestic cliffs. The striking contrast of greenery and gray rocks creates perfect opportunities for photography and inspiration.

At the end of the journey, the trail leads to a cozy mountain village. Here, you can see a small hydroelectric station seamlessly integrated into the landscape, as well as wild apple trees adding charm to the scenery. Local residents are happy to share stories about traditions and mountain life, while nature lovers can enjoy the tranquility and fresh mountain air.

Homestay altitude 1450 m. Descent -1416 m; path 16 km; time 6-7 h.

Overnight	Uzgurush · Homestay or similar
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Meals	Breakfast, Lunch, Dinner
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DAY
13

Uzgurush village – Osh city. Flight to Bishkek city, 392 km

Our journey is coming to an end as we head to the city of Osh — the road now leads us back home.

Leaving the village of Uzgurush behind, majestic scenes once again unfold before our eyes: rugged rocky ridges and deep canyons fade into the distance, yet they will remain with us forever — in our memory and, most importantly, in our hearts. Each turn of the road reminds us that the beauty of this land is endless and wonderfully diverse.

Hotel altitude 800 m. Descent – 453 m; path 392 km; time 8-9 hours.

Overnight	Bishkek · Hotel in Bishkek or similar
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Meals	Breakfast, Lunch, Dinner
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Travel	Uzgurush – Osh (392 km) Osh – Bishkek (flight)
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DAY
14

Bishkek city – Airport

Early in the morning transfer to the airport. Departure back home.

Overnight	Departure day, no overnight
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Meals	Breakfast
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What's included

Included

- Accommodation on TWIN/DBL base at hotels and tents – 13 nights.
- Meals – full board (B – 14, L – 13, D – 13) including cook services during trekking days.
- Transport services from arrival till departure.
- Flight expenses Osh – Bishkek – Osh.
- Horses service (The packed weight of your trek bag while trekking should be no more than 12 kg of personal belongings. 1kg extra – 20 \$ for the program).
- Bottled water (1 liter/day/pax) during trekking part – boiled water (please take your flasks).
- Entrance and ecological fees during all the tour.
- English speaking guide

Not included

- Single supplement in hotels, single tent / yurt.
- Meals are not pointed in the program; alcohol beverages.
- Insurances.
- Sleeping bags.
- All airfares.
- Photo/video fees at museums.
- Personal expenses, tips, porter fee in hotels.
- Visa and visa support fee (if necessary).

Prices and dates

Valid for 2027 departures

Group tour, per person

Tour	Double / twin room	Single supplement
14 days	\$2,200	+ \$110

Same price on all departures.

Optional extras

- Single tent in the trekking camps: \$180 per person

Guaranteed group departures

2027

Start	End	Weekdays	Status
4 Jul 2027	17 Jul 2027	Sun – Sat	Available
17 Jul 2027	30 Jul 2027	Sat – Fri	Available
1 Aug 2027	14 Aug 2027	Sun – Sat	Available
14 Aug 2027	27 Aug 2027	Sat – Fri	Available

Availability as of 5 October 2026. Check current availability on the tour page.

Book or ask a question

Choose a date or ask us anything about this tour. We usually reply within one working day.

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