



GROUP TOUR • 7 DAYS

Moto Tour in Kyrgyzstan

Round trip from Bishkek • Kyrgyzstan

Duration
7 days, 6 nights

Start and end
Round trip from Bishkek

Best time to visit
Jun–Aug

Group tour from
\$2,120 per person

Group size
Max 10 travellers

Tour type
Moto Tour, Nature

Difficulty
Challenging

Prices and dates valid for 2026 departures. Issued 19 October 2026.

Tour highlights

Explore the untouched beauty of Kyrgyzstan on this 7-day motorbike tour from Bishkek, with 5 riding days through wild mountains, vast open valleys and crystal-clear alpine lakes. Feel the freedom of the open road on remote trails, meet welcoming nomad families and experience a land where ancient nomadic traditions are still alive. An English-speaking moto guide, a support vehicle and a mechanic travel with the group of 4–10 riders.

From Bishkek you ride over the Too-Ashuu Pass (3,500 m) into the Suusamyr Valley, a summer paradise for nomads and their herds, then leave the highway for off-road tracks along the Kokemeran River to the red clay hills of Kyzyl-Oi. The next day the trail climbs past grazing yaks to Song-Kul Lake at 3,000 m, where you spend the night in a yurt camp and get to know the hospitality of the nomads.

You descend over the Moldo-Ashuu Pass (3,300 m) and through Baetovo to Naryn, then ride past Eki-Naryn through lunar landscapes, sand canyons, semi-deserts and shepherd camps to Kochkor. The last riding day is fully paved: through the Boom Gorge to the ancient Burana Tower and back to Bishkek for the colorful Osh Bazaar, one of the city's famous bazaars.

Difficulty: Challenging. 5 riding days on a rented motorbike, four of them 50–60% off-road and one fully paved; passes of 3,500 m (Too-Ashuu) and 3,300 m (Moldo-Ashuu), a night in a yurt camp at Song-Kul (3,000 m) and mountain temperatures from +30 °C down to 0 °C. Riders bring their own protective gear (enduro helmet, boots, protectors).



Motorcycle Tour in Kyrgyzstan



Moto tour around Kyrgyzstan

Where you'll stay

Night 1	Bishkek	My Hotel or similar
Night 2	Kyzyl-Oi	Guesthouse in Kyzyl-Oi or similar
Night 3	Song-Kul Lake	Yurt camp at Song Kol
Night 4	Naryn	Khan Tengri Hotel or similar
Night 5	Kochkor	Olive Hotel or similar
Night 6	Bishkek	My Hotel or similar

Listed accommodation or similar, same category.

Day-by-day itinerary

DAY

1

Arrival in Bishkek and city tour

Arrival at Manas Airport in Bishkek, where our team picks you up and drives you to the hotel in the capital (early check-in after 6:00 is included; breakfast at the hotel is served until 10:00).

After a rest, a short city tour takes you to the heart of the city, Ala-Too Square, with its monuments, followed by a walk in Oak Park, one of the favorite places of the locals. Bishkek is known as the greenest city in Central Asia, thanks to its countless parks and alleys.

In the evening, dinner at one of the best restaurants in Bishkek, where you can taste delicious Kyrgyz national dishes.

Overnight	Bishkek · My Hotel or similar
Meals	Breakfast, Lunch, Dinner
Travel	Manas International Airport – Bishkek (30 km)

DAY

2

Bishkek – Suusamyr Valley – Kyzyl-Oi

Meeting at the hotel: the motorbikes are handed over at 8:30 and engines start at 9:00.

At the beginning of the journey you ride over the Too-Ashuu Pass (3,500 m) and then cross the wonderful Suusamyr Valley, a paradise for nomads and their cattle.

Later you leave the highway for off-road tracks running along the Kokemerren River, known for some of the most challenging rafting in the country. Especially colorful is the red clay that covers the mountains from bottom to top. Since the beginning of the 20th century this clay has been used to build houses, and some of these houses can still be seen in Kyzyl-Oi, where you stay overnight in a guesthouse.

Overnight	Kyzyl-Oi · Guesthouse in Kyzyl-Oi or similar
Meals	Breakfast, Lunch, Dinner
Travel	Bishkek – Kyzyl-Oi

DAY

3

Kyzyl-Oi – Song-Kul Lake

The goal of the day is Song-Kul Lake at an altitude of 3,000 m. On the way you ride through beautiful high pastures where you can see yaks and other animals.

From the pass the lake seems very small, but as you descend and approach it, it appears as a big and gorgeous lake.

At the yurt camp you get to know the hospitality of the nomads, their lifestyle and their customs. Dinner and overnight in the yurts.

A yurt sleeps 4–6 people; in the low season you may be accommodated 2 per yurt, depending on availability. Toilets and sauna are outside.

Overnight	Song-Kul Lake · Yurt camp at Song Kol
Meals	Breakfast, Lunch, Dinner
Travel	Kyzyl-Oi – Song-Kul Lake

DAY

4

Song-Kul Lake – Baetovo – Naryn

You say goodbye to Song-Kul and ride towards Baetovo, descending from the lake over the Moldo-Ashuu Pass (3,300 m) and passing through the village of Baetovo.

The ride continues to Naryn. On arrival in the town you can take a shower and rest in comfortable conditions. Dinner at a restaurant in town or at the hotel.

Overnight	Naryn · Khan Tengri Hotel or similar
-----------	---

Meals	Breakfast, Lunch, Dinner
-------	--------------------------

Travel	Song-Kul Lake – Naryn
--------	-----------------------

DAY

5

Naryn – Eki-Naryn – Kochkor

Breakfast at the hotel and departure.

You pass by Eki-Naryn. The road is a real paradise for motorbikers: it runs through lunar landscapes, hills, pastures, sand canyons and semi-deserts, and on the way you can meet shepherd camps.

In the evening you arrive in the village of Kochkor. Dinner and rest at the hotel.

Overnight	Kochkor · Olive Hotel or similar
-----------	---

Meals	Breakfast, Lunch, Dinner
-------	--------------------------

Travel	Naryn – Kochkor
--------	-----------------

DAY

6

Kochkor – Burana Tower – Bishkek

The road to Bishkek, fully paved today, runs through the Boom Gorge.

On the way you visit the Burana Tower, an ancient minaret in the Chuy Valley in the north of Kyrgyzstan. The tower, with funerary monuments, earthworks, the remains of a castle and three mausoleums, is all that is left of the ancient town of Balasagyn, founded by the Karakhanids at the end of the 9th century.

After lunch at a local restaurant you visit the famous Osh Bazaar. As soon as you step into the market, you plunge into a real oriental atmosphere: an endless stream of people and a huge variety of goods and colors. In the evening, dinner together.

Overnight	Bishkek · My Hotel or similar
-----------	--------------------------------------

Meals	Breakfast, Lunch, Dinner
-------	--------------------------

Travel	Kochkor – Bishkek
--------	-------------------

DAY

7

Departure from Bishkek

Transfer to Manas Airport (30 km, about 40 minutes) and departure.

Overnight	Departure day, no overnight
-----------	-----------------------------

Meals	Breakfast
-------	-----------

Travel	Bishkek – Manas International Airport (30 km)
--------	---

What's included

Included

- Group airport transfer on day 1 and day 7 (from 3 people)
- Early check-in at the hotel in Bishkek on day 1
- Accommodation for 6 nights in double/twin rooms (3* hotels and guesthouse) and a shared yurt at Song-Kul Lake
- Motorbike rental for 5 riding days
- Fuel for the itinerary
- Support vehicle
- Mechanic and technical support
- English-speaking moto guide
- Full board (3 meals a day) as listed in the itinerary
- Visits mentioned in the program
- Mineral water
- Assistance 24/7

Not included

- International flights
- Personal travel insurance
- Personal riding equipment
- Single room supplement (235 USD)
- Safety deposit for the motorbike (600 USD)
- Tips for the guide, driver and mechanic
- Optional activities
- Porters for luggage in hotels and at the airport
- Alcoholic drinks
- Services not mentioned as included

Prices

Valid for 2026 departures

Group tour, per person

Tour	Double / twin room	Single supplement
7 days	\$2,120	+ \$235

Same price on all departures.

Book or ask a question

Choose a date or ask us anything about this tour. We usually reply within one working day.

Tour page	central-asia.guide/kyrgyzstan/kyrgyzstan-tours/moto-tour-kyrgyzstan
-----------	---

Email	info@central-asia.guide
-------	--

Phone and WhatsApp	+358 40 812 4448
--------------------	---

Telegram	t.me/zhetigenova
----------	---

Messenger	m.me/Centralasiaguidefb
-----------	---

Central Asia Guide KG · Yusup Abdrakhmanova 252, Bishkek · ID 33842079 · Copyright © 2020 – 2026